

# 5 Questions to Ask Your Spouse Every Week

1. What is something I have done to make you feel loved this past week?
2. What, if any, are the unresolved areas of concern or tension that transpired over this week?
3. How have you seen our relationship grow this past week?
4. What is something we can do together in the coming week?
5. What is something I can do to make you feel more loved this week?

These questions may be challenging, but keep it up! When you intentionally dedicate time to addressing concerns and recognizing each other's efforts, you will grow closer, know each other better, and communicate more effectively in your daily life.



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